

Gold of Your Kitchen and Pharmacy ♥

These miraculous seeds not only add an incredible flavor to your dishes but are also a source of medicinal properties. From anti-bloating and antioxidant herbal teas to being a base for various spices!



Mahan Spice

www.Mahanspice.com



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Black gold of Nature

Cumin- Caraway

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**Spice
&
Herbal**

 Nutritional
Value of Kerman
Mountain Black
Cumin 



Cultivated Black Cumin Comes in Two Grades (Grade A & Grade B)

🌿 **Grade A:**

Cultivated in natural environments

Relies on rainfall for irrigation (dryland farming)

Uses biennial seeds

🌿 **Grade B:**

Grown in greenhouse conditions

Irrigated manually at regular intervals



Instagram: Mahanspice

Two Main types of
Cumin/caraway

- **Wild & organic**
- **Cultivated**



Green Cumin Tea for Weight Loss & Slimming
🌿

Discover the natural way to support your weight loss journey! Green Cumin Tea contains fat-burning properties that can help you achieve your slimming goals naturally and effectively.

Black Cumin with Green/Black Tea: Your

Immune System's Best Friend! 🌿☕



🌿 **Organic Natural Essential Oils - Pure Essence of Nature!** 🌿

Discover the power of nature with our premium Organic Essential Oils:

- 100% Pure & Natural
- Certified Organic Quality
- Steam Distilled Extraction
- Therapeutic Grade
- Chemical-Free



Applications of Kerman Cumin/Caraway:

- **Cooking:** Used in various dishes like stews, rice dishes, soups, and especially in sausages.
- **Herbal Tea & Infusions:** Mixed with black or green tea, or brewed as a pure cumin tea.
- **Spice Blends:** A key ingredient in many famous Iranian and Indian spice mixes.
- **Pharmaceutical Industry:** Extraction of essential oil for use in herbal medicine production.